

Grief Tree Model

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2014



- Counsellor working in a therapeutic community in remote northern location in Canada
 - Worked with men in recovery from addiction
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- **Trauma, Grief and Loss group – TGL**
 - TGL a thread running through their lives
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- **GRIEF TREE MODEL**

- Support men in recovery

- Explore and discover experience of TGL
and addiction

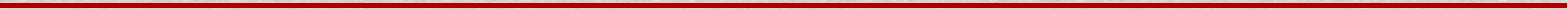
- 8 week therapeutic group process
 - Establish therapeutic relationship
 - Begin the process of understanding history of TGL
 - Writing and art as tools
 - Grief Tree Model used to explore lived experience of relationship with substance
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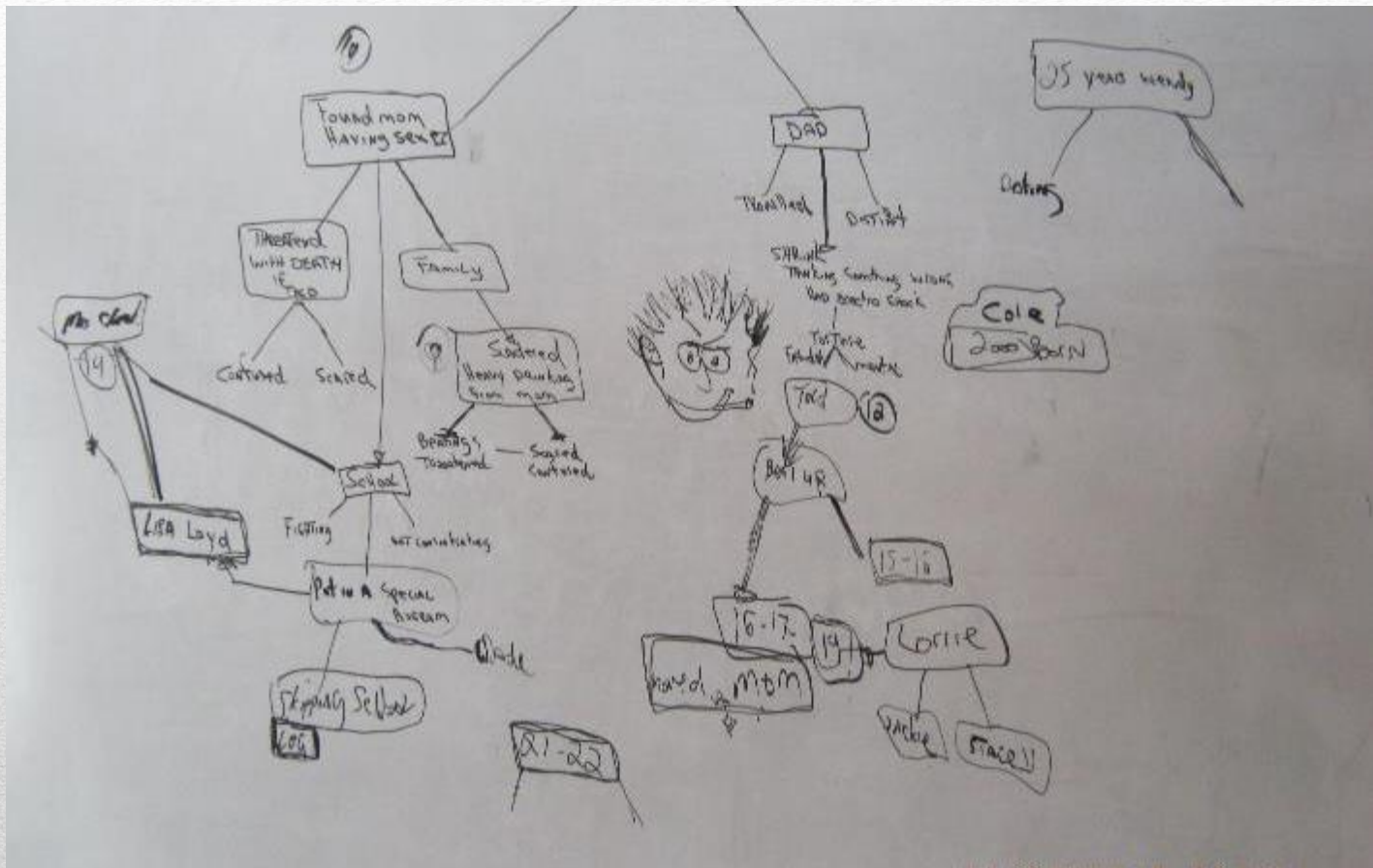
- Establishing Relationship
 - 8 week group process
 - Group guidelines such as confidentiality, honesty and respect created by participants
 - Group exercises to foster therapeutic relationship with group participants
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- **GRIEF TREE MODEL**

- Writing as therapeutic tool

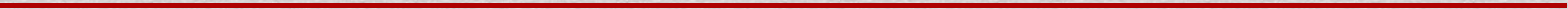


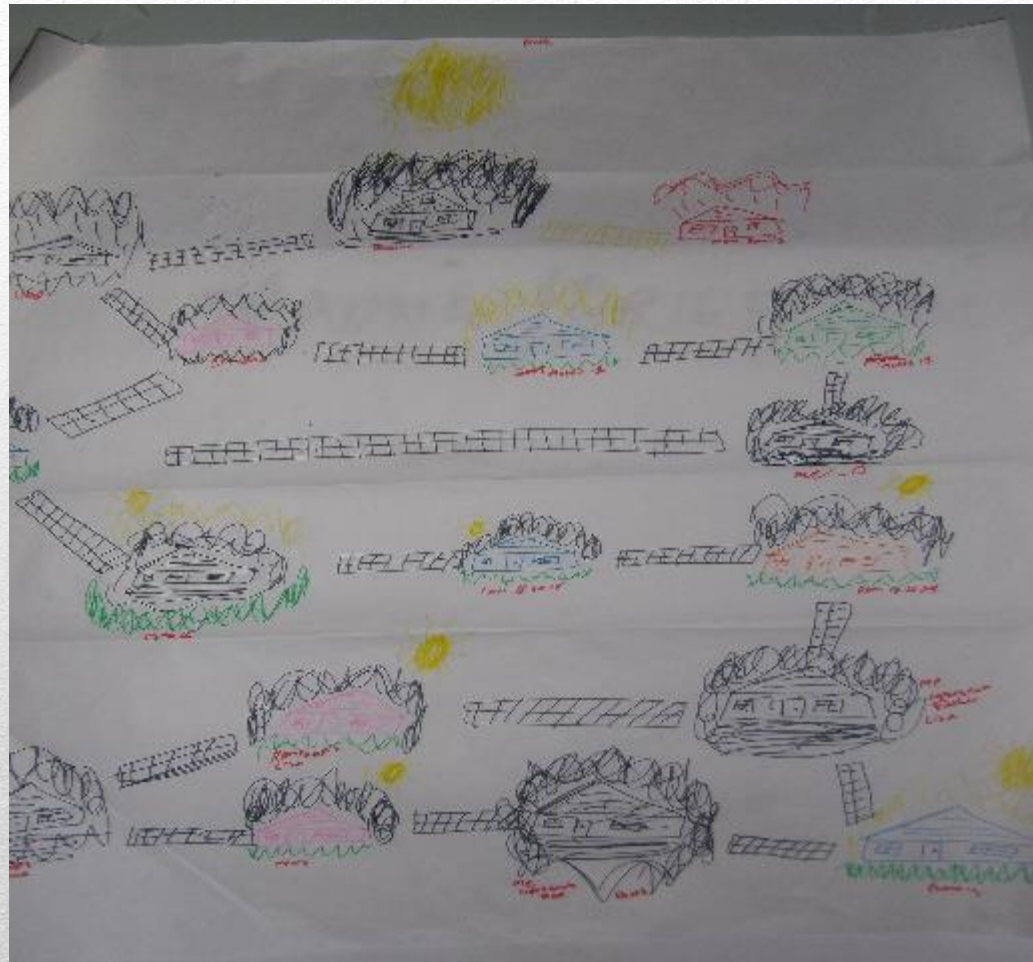




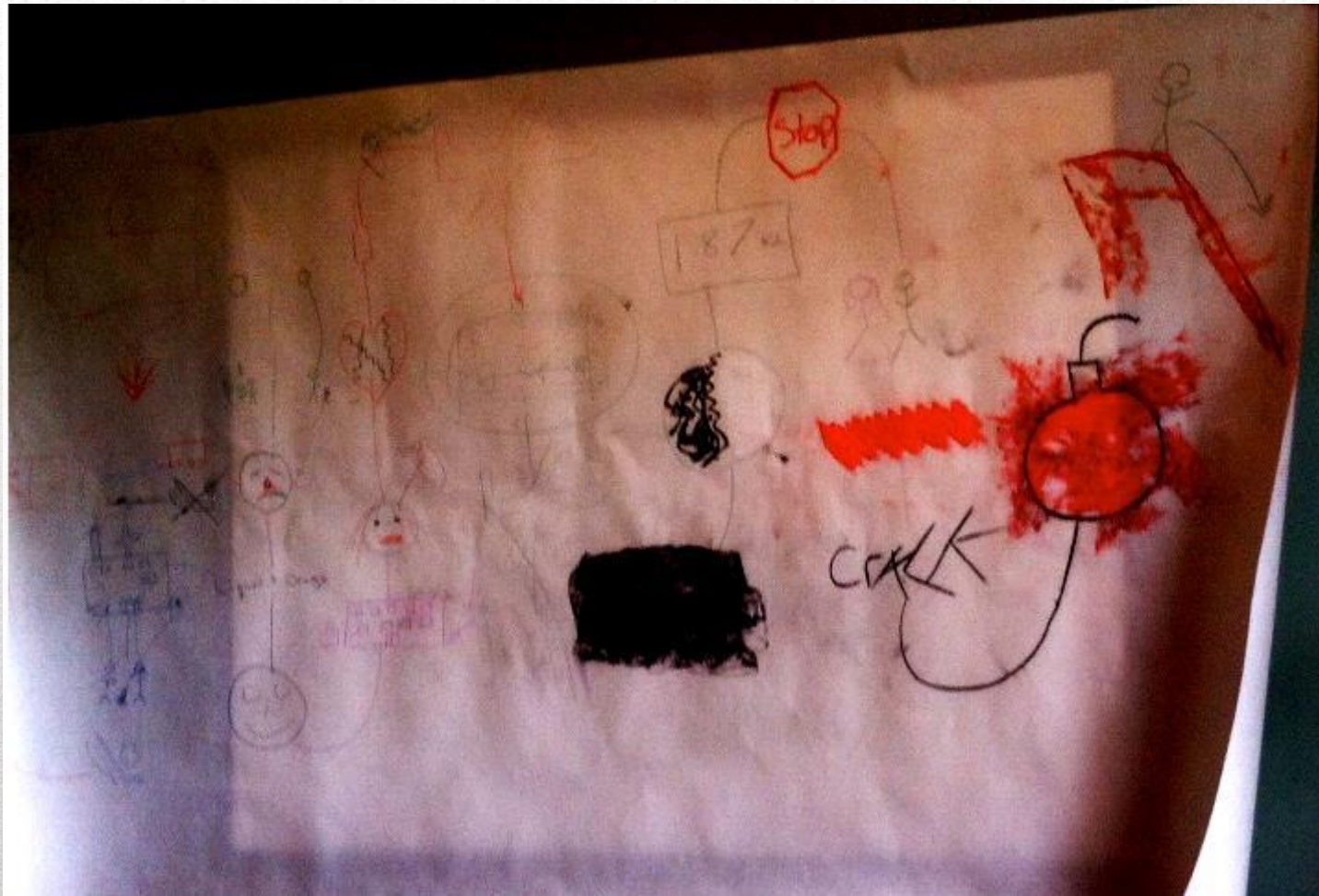
- **GRIEF TREE MODEL**

- Art as therapeutic tool









- I would like to thank the residents and Executive Director, Rodger Travale of BC New Hope Recover Society, Baldy Hughes Therapeutic Community for the privilege of walking with them in their community

- Consent provided by residents

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