

ATCA Conference 2013

CareNZ (est) 1954 Ltd
NZ Department of Corrections

The Three Circles: Achieving Synergy in the Prison based TC

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ADDICTION TREATMENT AND RECOVERY

CareNZ
Manaaki Aotearoa

CareNZ – Manaaki Aotearoa

- NGO, Limited Company, charitable status, created 1992 as operational arm of:
- National Society of Alcohol and Drug Dependence (NSAD) est. 1954
- National Community and Prison based Services

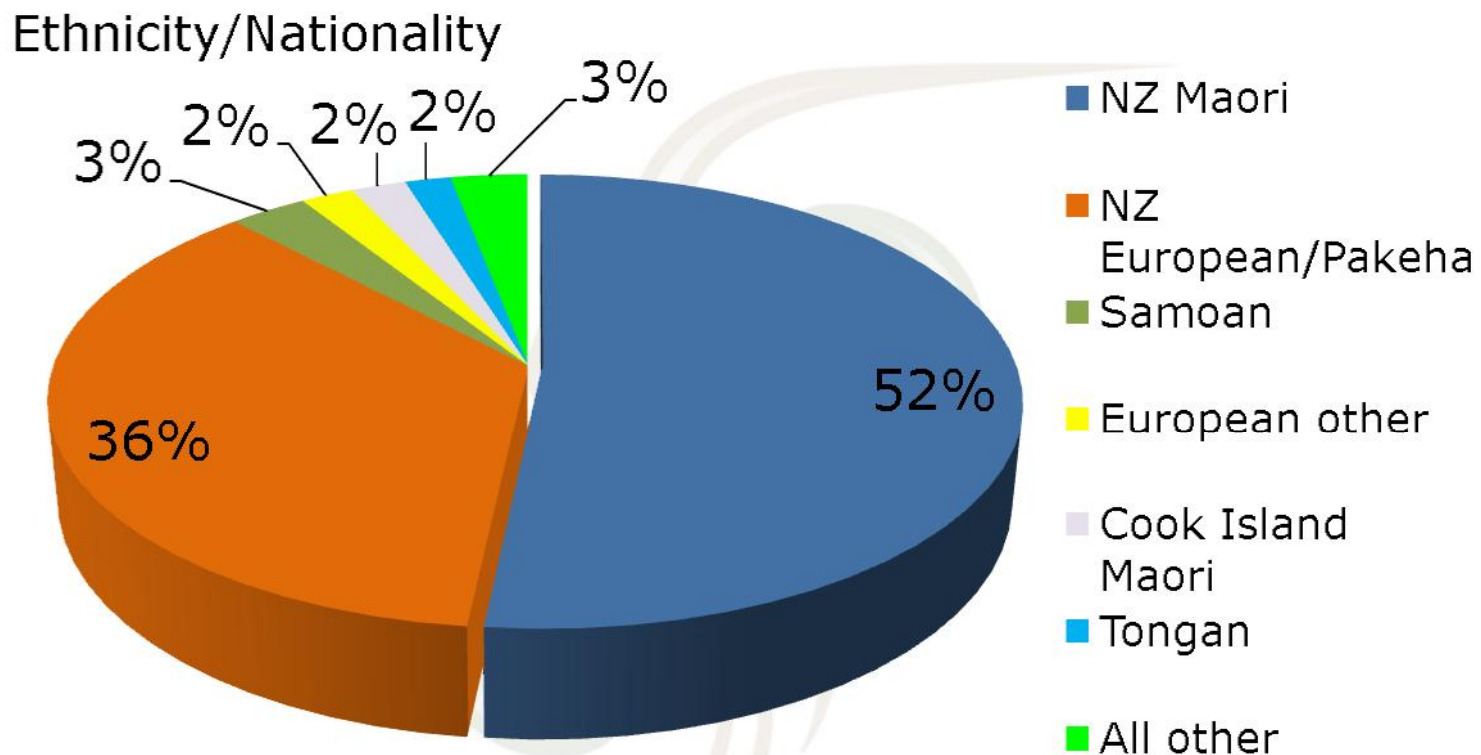
CareNZ and Corrections Drug Treatment Unit Partnership

- Began with Arohata Prison (1993)
- Now Eight DTU's Operating as 10 TC's
- Range in size from 22 to 100 bed
- Community as Method approach

DTU numbers

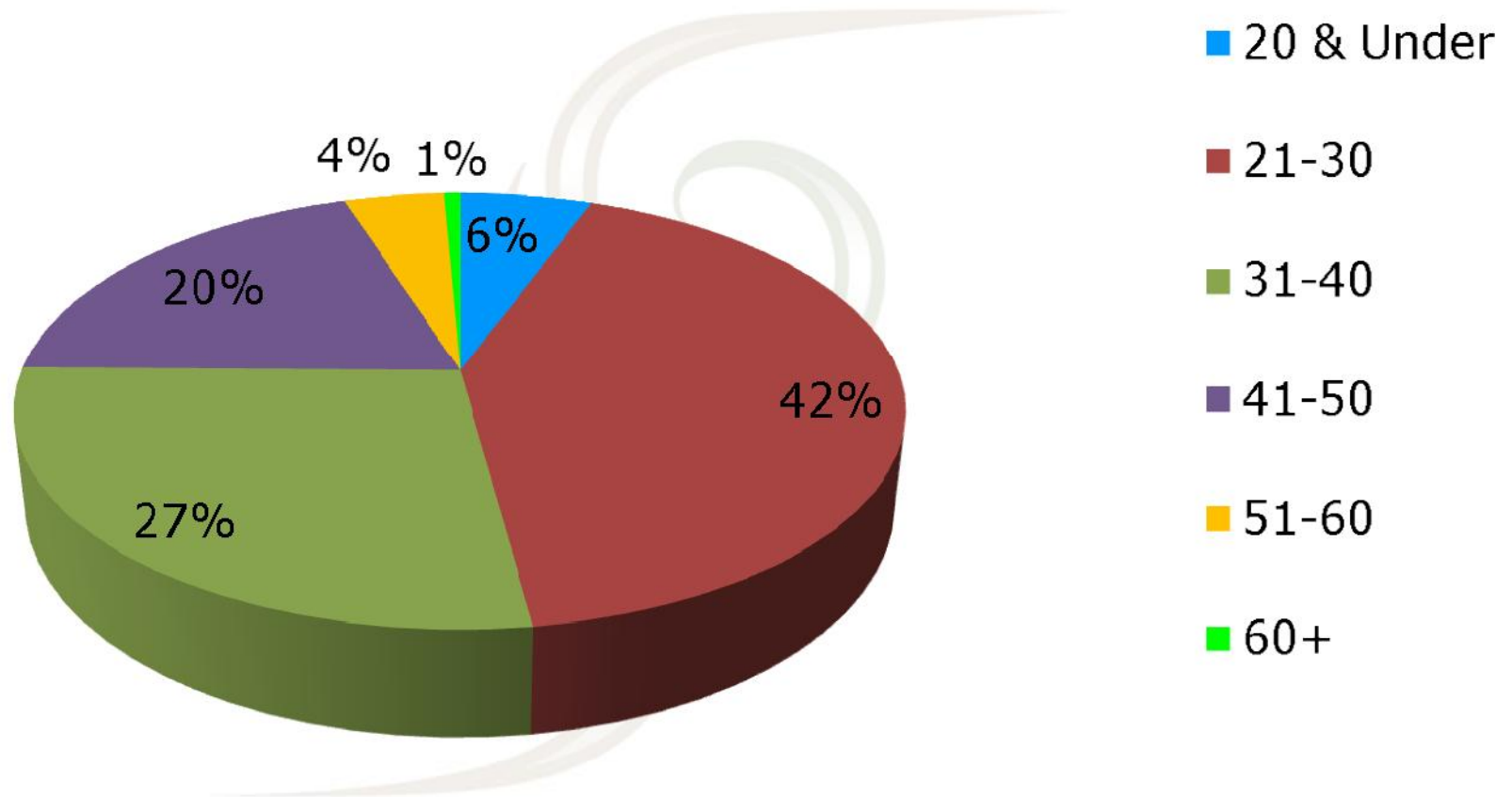
- 3 (3) and 6 (7) month programmes
- 454 bed spaces
- Year to April 2013: 1115 participants
- 940 Completed Programme
- 153 Discharged behaviour
- 22 self-discharged
- 84% completion rate

DTU Client profiles



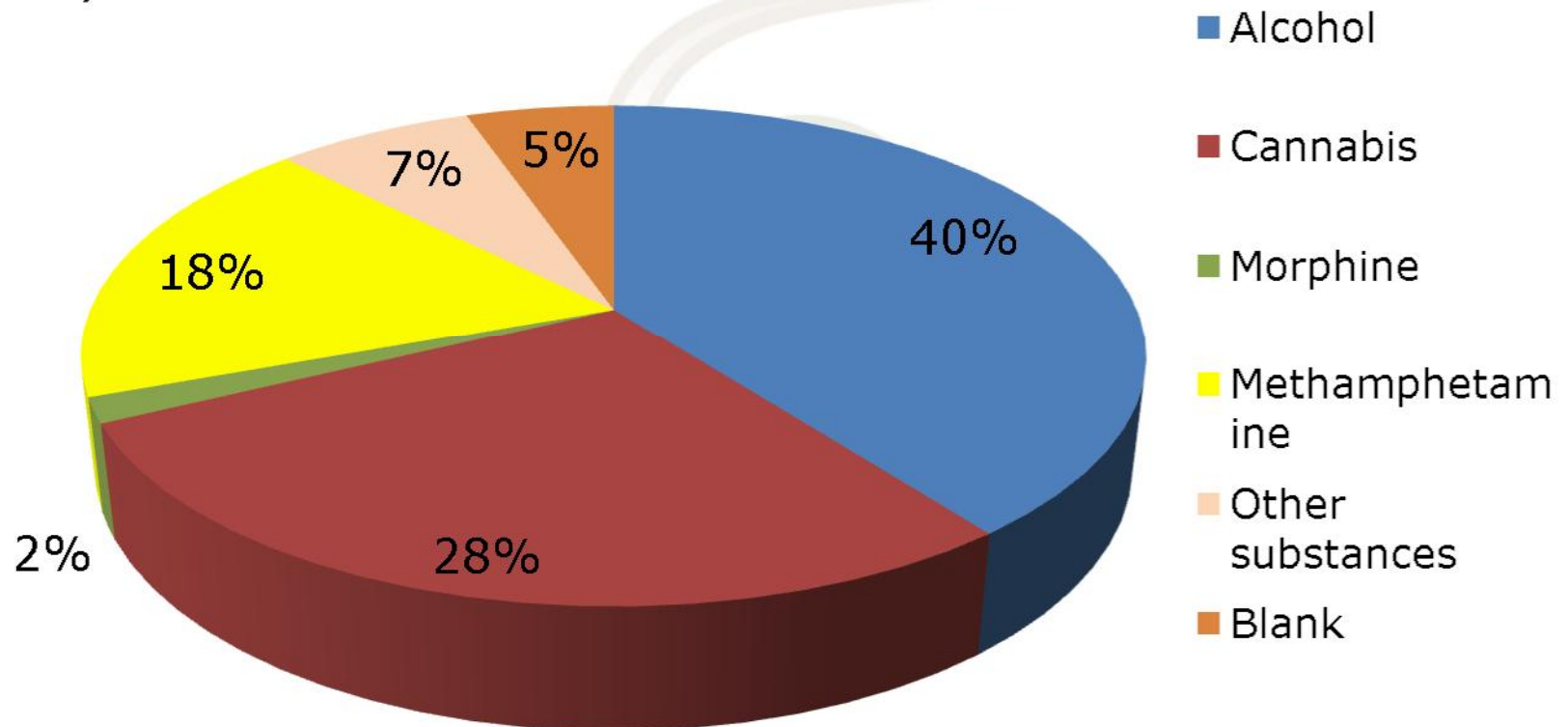
DTU Client profiles

Age Ranges



DTU Client profiles

Primary Substance Used



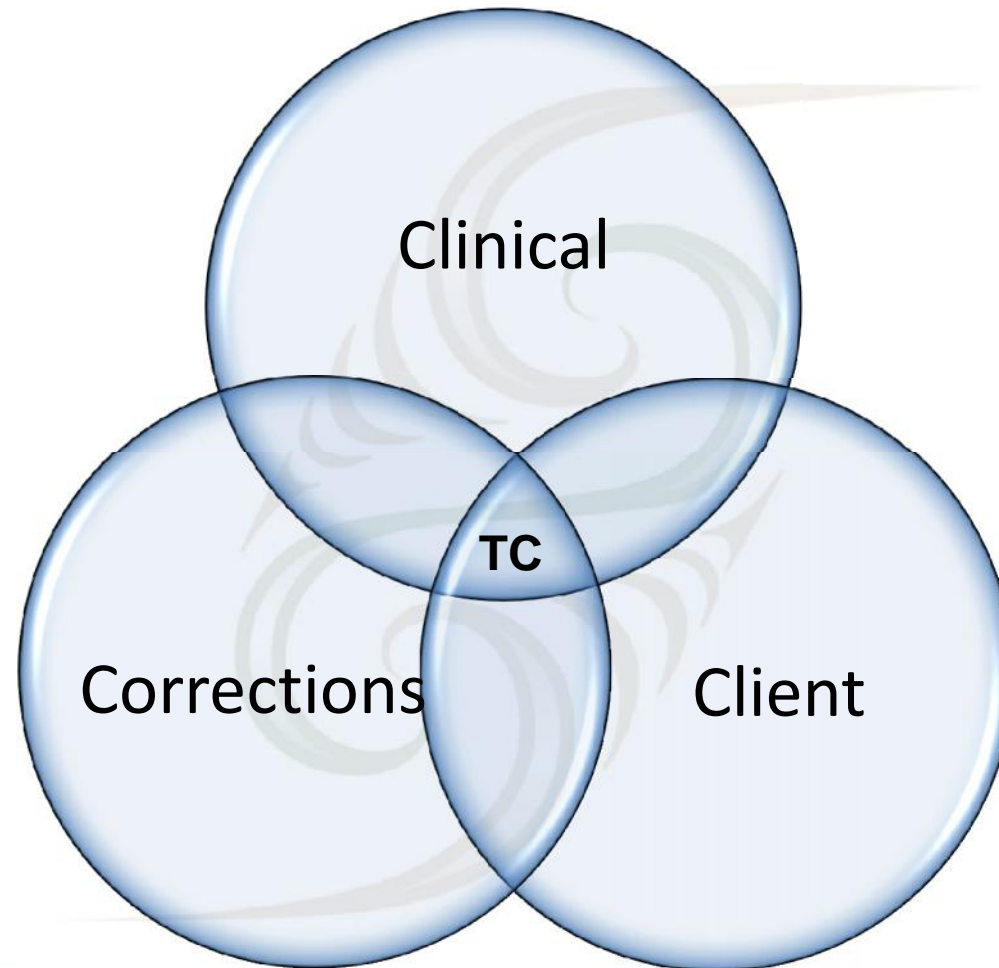
Hawkes Bay Regional Prison DTU

- Established 2007 as six month 60 Bed Unit
- Expanded to include three month 40 bed Segregated Unit in 2012
- 13 Clinical FTE's (incl Clinical Mgr)
- 28 Custodial Staff (incl PCO)
- 3 Phase Structure (plus pre-entry phase)
- Graduate Mentors

Hawkes Bay Regional Prison DTU

- TC Culture and Ritual (e.g. Community meetings)
- Education Groups
- Therapy Groups
- Relapse prevention
- Electives (e.g. Knitting, carving)
- Cultural practice (e.g. Karakia, waiata, kapa haka)
- Family Inclusive Practice

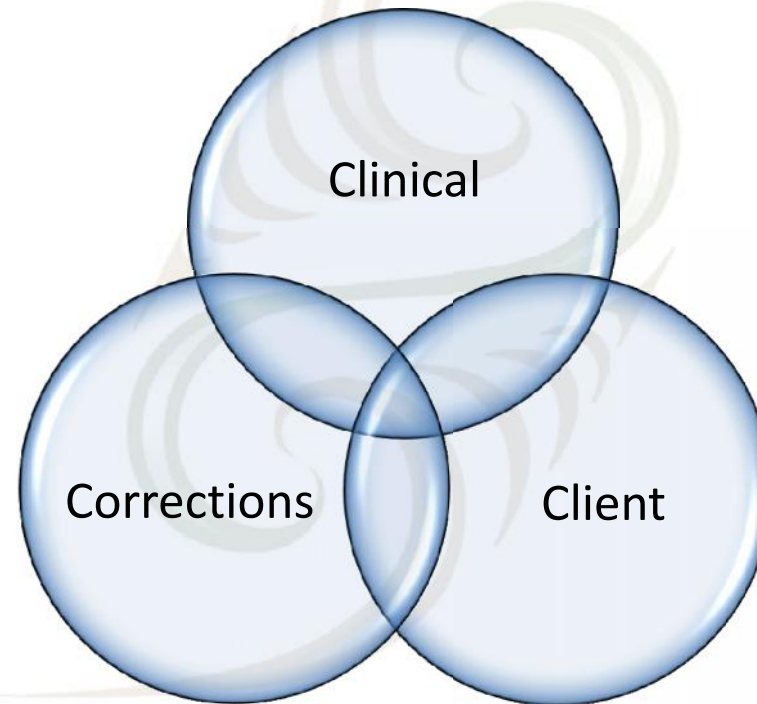
Three Circle Model



Synergy

The potential ability for people or groups to be more successful working together than on their own.

Coming together is a beginning; Keeping together is progress;
Working together is success.
Henry Ford.



Coming together is a beginning

Corrections Structure

- Rules, Regulation, Legislation, Routine,
- What the heck is TC?
- Who are these people, Tree huggers
- This was on top of the usual first impressions
- Summations that naturally take place.
- Comfort of them and us
- TC Concept was so foreign to us (stand by me)

Keeping together is progress

- Ethos of our DTU, John Adair 3 circles
- Normalising Care NZ's presence
- Removing all barriers
- Guiding and coaching staff to integrate
- Educating the site
- Raising Care NZ's profile at a site level
- Believing in Care NZ's programme and the Culture of TC George De Leon Video
- Developing the culture
- Developing the programme

Working together is success

- Demonstrating what TC looks like to other prisons
- Continually building Relationship
- Continually developing the programme
Corrections training Care NZ vice versa
- Mission Statement
- We are committed to provide positive, life changing opportunities by being non judgmental, respectful, open minded and empathetic to all within this therapeutic community.

Ongoing Development

- Continuing to align processes (e.g. Right Track)
- Staff Training (ongoing)
- Maintenance (self-care unit for DTU)
- Shaping roles and tasks: Work as Therapy (e.g. unit jobs)
- Vege garden with TC goal of supplying community organisations



Questions?

Thank You 😊

