ATCA Conference 2013

CareNZ (est) 1954 Ltd
NZ Department of Corrections

The Three Circles: Achieving Synergy in the Prison based TC

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CareNZ – Manaaki Aotearoa

- NGO, Limited Company, charitable status, created 1992 as operational arm of:
  - National Society of Alcohol and Drug Dependence (NSAD) est. 1954
  - National Community and Prison based Services
CareNZ and Corrections
Drug Treatment Unit Partnership

• Began with Arohata Prison (1993)
• Now Eight DTU’s Operating as 10 TC’s
• Range in size from 22 to 100 bed
• Community as Method approach
DTU numbers

• 3 (3) and 6 (7) month programmes
• 454 bed spaces
• Year to April 2013: 1115 participants
• 940 Completed Programme
• 153 Discharged behaviour
• 22 self-discharged
• 84% completion rate
DTU Client profiles

Ethnicity/Nationality

- NZ Maori: 52%
- NZ European/Pakeha: 36%
- Samoan: 3%
- European other: 2%
- Cook Island Maori: 2%
- Tongan: 2%
- All other: 3%
DTU Client profiles

Age Ranges

- 20 & Under: 4%
- 21-30: 20%
- 31-40: 42%
- 41-50: 27%
- 51-60: 6%
- 60+: 1%
DTU Client profiles

Primary Substance Used

- Alcohol: 40%
- Cannabis: 28%
- Methamphetamine: 18%
- Morphine: 7%
- Other substances: 5%
- Blank: 2%

CareNZ
ADDICTION TREATMENT AND RECOVERY
Hawkes Bay Regional Prison DTU

- Established 2007 as six month 60 Bed Unit
- Expanded to include three month 40 bed Segregated Unit in 2012
- 13 Clinical FTE’s (incl Clinical Mgr)
- 28 Custodial Staff (incl PCO)
- 3 Phase Structure (plus pre-entry phase)
- Graduate Mentors
Hawkes Bay Regional Prison DTU

- TC Culture and Ritual (e.g. Community meetings)
- Education Groups
- Therapy Groups
- Relapse prevention
- Electives (e.g. Knitting, carving)
- Cultural practice (e.g. Karakia, waiata, kapa haka)
- Family Inclusive Practice
Three Circle Model

- Clinical
- Corrections
- Client

TC
Synergy
The potential ability for people or groups to be more successful working together than on their own.

Coming together is a beginning; Keeping together is progress; Working together is success.
Henry Ford.
Coming together is a beginning

Corrections Structure

• Rules, Regulation, Legislation, Routine,
• What the heck is TC?
• Who are these people, Tree huggers
• This was on top of the usual first impressions
• Summations that naturally take place.
• Comfort of them and us
• TC Concept was so foreign to us (stand by me)
Keeping together is progress

- Ethos of our DTU, John Adair 3 circles
- Normalising Care NZ’s presence
- Removing all barriers
- Guiding and coaching staff to integrate
- Educating the site
- Raising Care NZ’s profile at a site level
- Believing in Care NZ’s programme and the Culture of TC George De Leon Video
- Developing the culture
- Developing the programme
Working together is success

- Demonstrating what TC looks like to other prisons
- Continually building Relationship
- Continually developing the programme
  Corrections training Care NZ vice versa
- Mission Statement
- We are committed to provide positive, life changing opportunities by being non judgmental, respectful, open minded and empathetic to all within this therapeutic community.
Ongoing Development

- Continuing to align processes (e.g. Right Track)
- Staff Training (ongoing)
- Maintenance (self-care unit for DTU)
- Shaping roles and tasks: Work as Therapy (e.g. unit jobs)
- Vege garden with TC goal of supplying community organisations
Questions?

Thank You 😊