

A landscape photograph showing a dirt path winding through rolling green hills. The sky is filled with dramatic, layered clouds, with a warm, golden light breaking through near the horizon, suggesting a sunset or sunrise. The path leads from the foreground into the distance, curving slightly to the right.

Pathways

**A Day Therapeutic Community
for people wishing to stabilise, reduce or cease OST**



The availability of community as method for people who cannot enter a residential service was a gap in the reach of the TC model.

In a service environment where funders and the community are looking flexible responses, there is a need to develop ways in which to respond to this need.





The ability of OST providers to provide a comprehensive support to their clients is limited

This can result in the client not experiencing a complete a holistic service





Pathways is just one of The Salvation Army's services located in Penrith

Additional services:

- **Doorways - Welfare & Social Services**
- **Financial Counseling**
- **Mothers Playgroup**
- **Drive For Life**
- **Housing Programs**
- **Employment Services**





Joint case management is provided in public, private and other non-government OST, alcohol and other drug services.





Target Groups

People wishing to stabilise, reduce or cease OST



People exiting custodial settings

People with highly complex needs and a high level of social risk factors or inadequate social support





**Reduce the
number of
people
dependent
on alcohol
and other
drugs**

**Provide
support and
access to
treatment**

**Improve
psychosocial
outcomes**

**Ease the
burden on
hospital
emergency
departments
and acute
care beds**

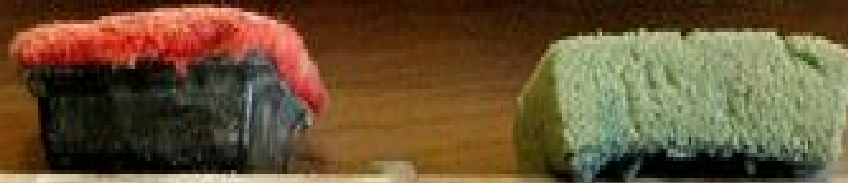
WHAT



- **Strengthen clinical and care pathways and provide enhanced support**
- **Assist individuals who have stabilised on OST and who are exiting treatment or custodial settings to integrate back into the community**
- **Develop linkages with other health and welfare services to ensure access to support**

Learning is central to the Day TC Program

.....and is provided in group settings and
individually if required



EXTENDED CARE

Each participant is further supported in their recovery through continued support

Extended Care will comprise one to one support sessions and group support.

DROP IN CENTRE

A vital part of the day TC Program encouraging participants to stay connected with Pathways

The drop in centre will be further developed as Pathways grows – informed by the input of service users.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8.30- 9.00	Group meeting	Group meeting	Group meeting	Group meeting	Group meeting
9.00- 10-15	Support sessions Drop in centre	Support sessions Drop in centre	Support sessions Drop in centre	Support sessions Drop in centre	Support sessions Drop in centre
10-15	M/Tea	M/Tea	M/Tea	M/Tea	M/Tea
10-30 – 12.00	Phase One	Phase One	Phase One	Phase One	Phase One
12.00- 1.00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1.00 – 2.00	Phase Two	Methadone Anonymous Meeting	Phase Two	Phase Two	Phase Two
2.00 – 3.30	Support sessions	Assessment	Support sessions	Assessment	Support sessions
3.30 – 4.30	Social activities	Social activities	Social activities	Social activities	Social activities

The Burning Question...



Does it work?

Yes!

