IS A SMOKEFREE ENVIRONMENT ACHIEVABLE WITHIN THE THERAPEUTIC COMMUNITY?
BACKGROUND

- Long history of smoking in treatment
- Maori / Pacific more likely to smoke
- Treated alcohol & drug often in isolation of smoking
- Overall poor health
KEEP CALM AND CARRY ON SMOKING
FAILURE TO STOP THE JUGGANAUGHT

• Concerted effort by providers to stop the change
• Staff buy in .....an issue
• Client buy in....an issue
• Board buy in ....an issue
• United we stand....divided we fall
THE CHANGE

Smoking is prohibited on this property at all times
EMBRACING THE CHANGE

• NRT and other supports
• Client attitudes
• Shifting the culture........STAFF ATTITUDES
• Monitoring
• Leadership
BENEFITS OF THE POLICY

Aside from health and financial benefits there have been other wins;

• More mixing amongst service users
• A cleaner environment
• “Clearer heads”
• Smoking often linked to other addictions
• Good opportunity to “give it a go” in a supportive environment
THE FUTURE

• Continuum of smokefree interventions / relapse prevention
• Case studies
• Human resource interventions
• Celebrating success
• Weight management
• Consistent key messaging